## Teen Road Safety =

**Motor vehicle collisions** are the #1 CAUSE of death in teenagers in Canada.

Public Health Agency of Canada, 2008

Marijuana affects skills vital to driving. It alters your alertness, coordination, concentration and reaction time. National Institute of Health, National Institute on Drug Abuse, 2011

Texting while driving is like having your eyes closed for 4.6 SECONDS OUT OF EVERY 6 SECONDS. Virginia Tech Transportation Institute, 2009

Speed is a major factor IN MORE THAN 50% of crashes involving teenagers. Drivers who use a cell phone have a 38% HIGHER CHANCE of being involved

Société de l'assurance automobile du Québec, 2011 and 2010

New drivers are 4x MORE LIKELY to die in a car crash when compared to experienced drivers. The Center for Injury Research and Prevention, 2007

in collisions.

Young drivers with a blood alcohol concentration OVER 0.05 G/DL ARE 2.5x MORE LIKELY to crash than adults with a similar blood alcohol concentration.

Wearing a seatbelt can reduce the risk of death in a crash by 61%. World Health Organization, 2011

The crash risk for a fatigued driver is equal to that of a driver with a **BLOOD ALCOHOL CONCENTRATION OF 0.08 G/DL**.

National Sleep Foundation, 2009

Each year, MORE THAN 20,000 YOUTH aged 15-19 are injured in Canada due to road crashes. This includes people who died and those who have had serious life-altering injuries.

Transport Canada, 2011

## These are the numbers O THE MAT





L'Hôpital de Montréal pour enfants The Montreal Children's Hospital

Centre universitaire de santé McGill McGill University Health Centre

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